

HOW TO KEEP A CLEAN HOME



EVERY DAY

- wipe down the countertops
- wipe down the kitchen sink
- sweep the floors
- take out the trash



ONCE A WEEK

- wipe down appliances
- scrub the toilets, tubs, showers and sinks
- clean the mirrors
- dust furniture and shelving
- change the bed linens
- do the laundry
- vacuum carpets, rugs and upholstery
- mop the floors



ONCE A MONTH

- clean inside the microwave and oven
- clean the kitchen and bathroom cabinets
- wipe down the inside of the medicine cabinets
- scrub the tile grout
- wipe down doorknobs, switch plates and lamps
- vacuum the baseboards and heating/cooling vents
- disinfect the garbage cans



ONCE A SEASON

- clean and check the pantry for expired items
- air out rooms and drapes
- clean throw pillows and blankets
- sort through closets to clean/donate/repair items
- clean and check the fridge for expired items
- wash comforters and duvets
- wash the windows
- clean the fireplace